

October 2025

FCS NEWS & NOTES

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Todd County Family & Consumer Sciences Extension

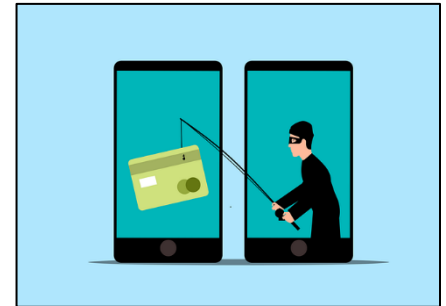
Don't Tap That Text!

Have you gotten an unexpected text message recently? Some scams pretend to be someone you know, saying something like, "Hi! We haven't talked in a while" or "Is this you?" Others threaten or use fear.

A recent example of this has been text messages that appear to be from a toll agency that threatens large penalties unless you pay a toll charge immediately. Scammers are trying to capitalize on the rise of cash-free toll lanes across the United States, hoping that you will be confused whether you paid for or even used a toll road. Do not answer the text or visit a link sent to you! The person on the other end is hoping to get your credit card or other personal information to fraudulently use.

Similarly, there is a new text scam about false unpaid traffic tickets. The texter will pretend to be from the Department of Motor Vehicles or another agency, according to the Federal Trade Commission.

This is a type of "phishing" called "smishing," meaning it uses texting or short message service (SMS). In these cybercrimes, attackers pretend to be real organizations or individuals to fool people into giving them sensitive information, such as passwords, credit card



numbers, or personal details. This is often done through fake emails, messages, or websites that appear trustworthy. Do not respond, do not click links, and delete suspicious texts.

References:

Reference: Federal Communications Commission. (May 5, 2025). *How to Spot and Avoid Toll Road Payment Scam Texts*. Retrieved July 16, 2025, from <https://www.fcc.gov/consumer-governmental-affairs/how-spot-and-avoid-toll-road-payment-scam-texts>

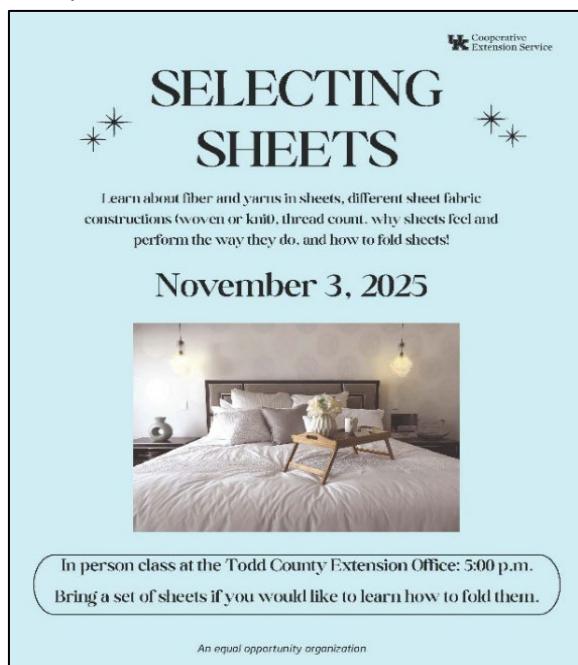
Source: Kelly May, Senior Extension Associate for Family Finance and Resource Management, and Paul Reese, Family Financial Counseling Student



UPCOMING ACTIVITIES

Homemaker Leader Trainings

Learn about fibers, yarns, sheet construction, thread count and more at the *Selecting Sheets* class on **Monday, November 3, 5:00 p.m.** at the Todd County Extension Office. If you would like to learn how to fold sheets, please bring a set with you.



Todd County Homemakers Council Meeting

The date for Homemakers Council was changed to **Tuesday, October 28, 5:00 p.m.**, due to Trunk or Treat in Elkton.

Junior Homemakers

The next Junior Homemaker Meeting will be **Thursday, November 13 at 9:00 a.m. (homeschool group) and 3:30 p.m. (after school)**, for students in 4th-12th grades. The participants will have a snack, learn how to make their own gifts in a jar and leave with one or more gifts. To sign up, contact the Todd County Extension Office at 270-265-5659.

If you are interested in volunteering to help with the meetings or would like more information, please contact Donna Coffman at 270-878-0820.



Pennyriple Area Homemakers Annual Meeting

For those who signed up to attend the Pennyriple Area Homemaker Annual Meeting on **Friday, October 17**, registration begins at **10:00 a.m.** and the program at **10:30 a.m.**

The address is 25 Mahr Park Drive, Madisonville, KY. The **new** office is located facing Nebo Road, directly across from the Danny Peyton Outdoor Educational Center and the Farmers' Market Pavilion. The meeting will take place in the Education Center, located at the back of the building. Upon entering the drive, continue driving around to the back of the building, you will enter through two double doors.


There is no themed dress code for the day; business casual attire is recommended.

Jewelry Art Class

Reminder, if you signed up for the Jewelry Art class, it will be held Saturday, **October 11 at 12:00 p.m.** at the Todd County Extension Office. Bring jewelry, wire cutters, glue gun and glue sticks, and you choose the design. The cost is \$50.00.

T-Shirt Quilt Top Class


Turn your t-shirts into a quilt top at this class on **November 6 & 7, 9:00 a.m. to 4 p.m.** at the Todd County Extension Office. There is no fee for the class, but you bring your own sewing machine, sewing supplies, lunch, and drinks. Pre-register by October 24.



T-SHIRT QUILT TOP CLASS

NOVEMBER 6 & 7, 2025
9:00 AM TO 4:00 PM

Location:
Todd County Extension Office
240 Pond River Road
Elkton, KY 42220



No Fee. Bring your own sewing machine, t-shirts, sewing supplies, sack lunch, and drinks.
Sign up by calling the Extension Office, 270-265-5659, by October 24.
Spots limited.

An equal opportunity organization.

Wits Workout

Wits Workout is a brain health and cognitive fitness program designed primarily for adults, to help maintain and even improve mental sharpness through social engagement and mentally stimulating activities. It is an evidence-

informed program and involves activities such as puzzles, word games, trivia, memory exercises, and group discussions. An example of a game we would play is: **Finish the Phrase**

"Better late than ____",

"A penny saved is a penny ____."

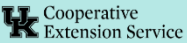
Five Wits Workout sessions remain in the series. They are different topics than previously taught. Each starts at **10:00 a.m.** on:

October 6, 13, & 27

November 3 & 10,

at the Todd County Extension Office. (You do not have to attend all the sessions.)

If you plan to and have not previously registered, call the Extension Office at 270-265-5659.



WITS WORKOUT

Join the Todd County Extension Office for Wits Workout, where you will engage in interactive puzzles and games to exercise your brain! Learn things you can do in your daily life to keep your brain healthy while making social connections.

FUN!



September 29
October 6, 13, 27
November 3, 10
10:00 a.m.

Todd County Extension Office
240 Pond River Road
Elkton, KY

FREE

Call 270-265-5659 to register

An Equal Opportunity Organization

Gifts in a Jar

Learn how to make Gifts in a Jar on **Friday, November 14, 10:00 a.m.**, at the Todd County Extension Office, 240 Pond River Road, Elkton. There is no charge for the class but you are asked to bring some supplies when you sign up. Call the Todd County Extension Office, 270-265-5659, by November 6, to pre-register.



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Todd County Homemakers Holiday Gathering

Save the date for the annual Holiday Gathering, on **December 2, 5:30 p.m.**, at the Todd County Extension Office. There will be food, recreation, and a fund raiser for the Brenda Church Scholarship fund. Details will be in the November newsletter.

Sincerely,

Jill B. Harris

Jill B. Harris

**Extension Agent for
Family & Consumer Sciences**

